



## 5% Minoxidil Topical Solution usp

### Extra Strength HAIR REGROWTH TREATMENT

#### Save this leaflet for future reference.

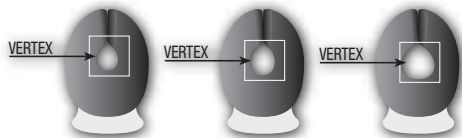
It takes time to regrow hair. Results may occur at 2 months with twice a day usage. For some men, you may need to use this product for at least 4 months before you see results. Please read this leaflet carefully. It will help you understand how to use Just For Men® 5% Minoxidil Topical Solution and what to expect from its use. If you have any questions after reading this leaflet, or anytime while using Just For Men® 5% Minoxidil Topical Solution, you should ask your health care professional or call Combe Incorporated at 1-888-733-6330. You can also contact us via email at support@combe.com or on our website at justformen.com/hairegrowth.

#### What is Just For Men® 5% Minoxidil Topical Solution?

Just For Men® 5% Minoxidil Topical Solution is a colorless liquid medication containing 5% minoxidil for use only on the scalp to help regrow hair in men.

#### Who may use Just For Men® 5% Minoxidil Topical Solution?

Just For Men® 5% Minoxidil Topical Solution is for use only by men. Just For Men® 5% Minoxidil Topical Solution may be appropriate for you if you are a male at least 18 years old and experiencing gradually thinning hair or gradual hair loss on the top of the scalp (vertex only, as shown on the illustration below). It is not intended for frontal baldness or a receding hairline. The common inherited thinning or hair loss process begins slowly and may become noticeable only after years of gradual loss. Just For Men® 5% Minoxidil Topical Solution is for men with hair loss or thinning hair that begins on the vertex of the scalp. Just For Men® 5% Minoxidil Topical Solution is more likely to regrow hair in men with hair loss in the range shown below in the diagram.



If men have more hair loss than shown, Just For Men® 5% Minoxidil Topical Solution may not work. Many of those experiencing hair loss have other family members with gradual thinning hair or hair loss. **If you have no family history of gradual thinning hair or of gradual hair loss, or your hair loss is patchy, see your doctor.**

#### Who should NOT use Just For Men® 5% Minoxidil Topical Solution?

- Women should not use Just For Men® 5% Minoxidil Topical Solution because studies have shown it works no better in women than Women's 2% Minoxidil Topical Solution. Some women may also grow facial hair. In addition, Just For Men® 5% Minoxidil Topical Solution may be harmful if used during pregnancy or breast-feeding.
- Just For Men® 5% Minoxidil Topical Solution should not be used on babies or for children under 18 years old.
- Just For Men® 5% Minoxidil Topical Solution will not prevent or improve hair loss which may occur with the use of some prescription and non-prescription medications, certain severe nutritional problems (very low body iron; too much vitamin A intake), low thyroid states (hypothyroidism), chemotherapy, or diseases which cause scarring of the scalp. Also, Just For Men® 5% Minoxidil Topical Solution will not improve hair loss due to:
  - damage from the use of hair care products which cause scarring or deep burns of the scalp.
  - hair grooming methods such as corrowing or ponytails which require pulling the hair tightly back from the scalp.

#### Do not use if you are not sure of the reason for your hair loss.

#### Will Just For Men® 5% Minoxidil Topical Solution work for me?

The amount of hair regrowth is different for each person. Not everyone will respond to Just For Men® 5% Minoxidil Topical Solution. The response to Just For Men® 5% Minoxidil Topical Solution cannot be predicted. It is unlikely anyone will be able to grow back all their hair. However, to see your best results with Just For Men® 5% Minoxidil Topical Solution, make sure you get the medicine directly to the scalp and apply it twice a day, every day. You may get better results if you have been losing your hair for a short period of time or have little hair loss. However, for some men Just For Men® 5% Minoxidil Topical Solution may not work.

#### How soon can I expect results from using Just For Men® 5% Minoxidil Topical Solution?

Since normal hair usually grows only 1/2 to 1 inch per month, hair regrowth with Just For Men® 5% Minoxidil Topical Solution also takes time. Results may be seen as early as 2 months with twice daily use. For some men, it may take at least 4 months for results to be seen. If you do not see any results after 4 months, stop using Just For Men® 5% Minoxidil Topical Solution. When you first begin to

use Just For Men® 5% Minoxidil Topical Solution, your hair loss may increase temporarily for up to 2 weeks. This is likely a sign that you are getting rid of old hairs in order to regrow more new hairs. This temporary increase in hair loss is expected and is a part of the process for how Just For Men® 5% Minoxidil Topical Solution regrows hair. Remember, this increased hair loss is temporary. However, if it continues after two weeks, see your doctor.

#### If Just For Men® 5% Minoxidil Topical Solution is working, what will the hair look like?

At first, hair growth is usually soft, downy, colorless hairs (like peach fuzz). After further use, the new hairs should be the same color and thickness as the other hairs on your scalp.

#### How long do I need to use Just For Men® 5% Minoxidil Topical Solution?

If you experience hair regrowth, continued use of Just For Men® 5% Minoxidil Topical Solution is necessary or the hair loss will begin again. In studies with Minoxidil Topical Solution 5% (Extra Strength), hair regrowth has not been shown to last longer than 48 weeks of continuous treatment in large clinical trials.

#### What happens if I completely stop using Just For Men® 5% Minoxidil Topical Solution? Will I keep the new hair?

Continuous use of Just For Men® 5% Minoxidil Topical Solution is needed to maintain hair regrowth. If you stop using Just For Men® 5% Minoxidil Topical Solution, you will lose your newly regrown hair in 3 to 4 months.

#### How do I use Just For Men® 5% Minoxidil Topical Solution?

For best results, apply 1 mL (6 sprays) **2 times a day directly onto the scalp** in the hair loss area. Using more or more often will not improve results. Each bottle should last one month, if used as directed. Allow time for Just For Men® 5% Minoxidil Topical Solution to dry completely before wearing a hat, or lying on a pillow, etc. Just For Men® 5% Minoxidil Topical Solution may cause staining of clothing or linens if damp on the scalp. When applying Just For Men® 5% Minoxidil Topical Solution at night, be sure to allow 2 to 4 hours to dry completely. Never take this product by mouth or apply to other parts of the body.

#### When do I use Just For Men® 5% Minoxidil Topical Solution?

Apply Just For Men® 5% Minoxidil Topical Solution once in the morning and once at night. The nighttime application should occur 2 to 4 hours before going to bed to allow for drying. Each bottle should last one month, if used as directed.

#### What if I miss a dose or forget to use Just For Men® 5% Minoxidil Topical Solution?

If you miss one or two daily doses of Just For Men® 5% Minoxidil Topical Solution, just continue with your next dose. You should not make up for missed doses.

### Can I use Just For Men® 5% Minoxidil Topical Solution more than twice a day? Will it work faster, better?

No. Just For Men® 5% Minoxidil Topical Solution will not work faster or better if used more than two times a day. Studies have been carefully conducted to determine the correct amount of Just For Men® 5% Minoxidil Topical Solution needed to get the best results. More frequent use or larger doses have not been shown to speed up hair growth and may increase your chance of side effects.

### What kind of shampoo should I use with Just For Men® 5% Minoxidil Topical Solution?

If you wash your scalp before applying Just For Men® 5% Minoxidil Topical Solution, use a mild shampoo.

### Can I use hair sprays, mousses, conditioners, gels, etc.?

Yes. Hair sprays, spritzes, or styling aids may be used on your hair while using Just For Men® 5% Minoxidil Topical Solution. For best results, Just For Men® 5% Minoxidil Topical Solution should be allowed to soak into the scalp before using any styling products. Try to develop a good routine of applying Just For Men® 5% Minoxidil Topical Solution first, and then applying styling products and style as usual. Keep in mind that your best results will be seen with proper application.

### Can I have my hair colored or permed or use hair relaxers while using Just For Men® 5% Minoxidil Topical Solution?

Yes. We have no evidence that coloring or perming your hair or that the use of relaxers change the effect of Just For Men® 5% Minoxidil Topical Solution. However, because the use of a permanent wave and hair color can cause scalp irritation on certain people, we recommend the following precautions:

1. To avoid possible scalp irritation, you should make sure all of the Just For Men® 5% Minoxidil Topical Solution has been washed off the hair and scalp before using color or perm chemicals.
2. For best results, do not apply Just For Men® 5% Minoxidil Topical Solution on the same day that you use a chemical treatment on your hair.
3. Do not use Just For Men® 5% Minoxidil Topical Solution for 24 hours after using any chemicals to make sure your scalp has not been irritated by the perm or color treatment. If no irritation occurs, continue use of Just For Men® 5% Minoxidil Topical Solution as usual.
4. Simply restart your normal Just For Men® 5% Minoxidil Topical Solution routine. There is no need to use more Just For Men® 5% Minoxidil Topical Solution to make up for missed applications. Missing 1 day of Just For Men® 5% Minoxidil Topical Solution will not affect your hair regrowth results.

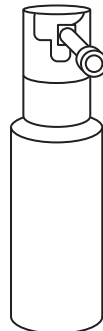
### Can I apply Just For Men® 5% Minoxidil Topical Solution and wash my hair an hour later?

No. For Just For Men® 5% Minoxidil Topical Solution to work best, you should allow it to stay on the scalp for about 4 hours before washing.

### Directions for use:

When applying Just For Men® 5% Minoxidil Topical Solution, make sure the medicine comes in direct contact with the scalp. The medicine will not work if it is sprayed only on your hair and does not reach your scalp. Carefully follow the instructions below to use the child-resistant sprayer pump to apply Just For Men® 5% Minoxidil Topical Solution.

1. Remove the bottle of Just For Men® 5% Minoxidil Topical Solution from the carton.
2. Firmly hold the bottle upright with the turning wheel on the back of the bottle facing you. Push in the small tab located to the bottom right of the turning wheel.
3. While holding the tab in, press down on the top of the sprayer and turn the upper part of the sprayer with the turning wheel to the left until the spray nozzle is centered between the beveled grooves on the front of the bottle.
4. Then prime the sprayer by holding the bottle upright and pumping the sprayer 5 times to ensure delivery of a full spray. Be careful not to inhale the mist.
5. Aim the sprayer at your area of thinning hair or hair loss and pump the sprayer 6 times to apply a 1 mL dose twice a day.
6. After applying Just For Men® 5% Minoxidil Topical Solution, use the turning wheel to turn the sprayer cap back to the right to release the tab which places the sprayer nozzle behind the sprayer cap wall. Make sure the sprayer cannot be pushed or pumped before putting the bottle away.



### Warnings

#### For external use only

#### For use by men only

#### Flammable: Keep away from fire or flame

#### Do not use if

- you are a woman • your amount of hair loss is different than that shown in the illustration on page 1 of this leaflet or your hair loss is on the front of the scalp. 5% minoxidil topical solution is not intended for frontal baldness or receding hairline. • you have no family history of hair loss • your hair loss is sudden and/or patchy • you do not know the reason for your hair loss • you are under 18 years of age. Do not use on babies and children. • scalp is red, inflamed, infected, irritated, or painful • you use other medicines on the scalp

#### Ask a doctor before use if you have heart disease.

#### When using this product

- do not apply on other parts of the body • avoid contact with the eyes. In case of accidental contact, rinse eyes with large amounts of cool tap water. • some people have experienced changes in hair color and/or texture • it takes time to regrow hair. Results may occur

at 2 months with twice a day usage. For some men, you may need to use this product for at least 4 months before you see results.

- the amount of hair regrowth is different for each person. This product will not work for all men.

#### Stop use and ask a doctor if

- chest pain, rapid heartbeat, faintness, or dizziness occurs
- sudden, unexplained weight gain occurs • your hands or feet swell • scalp irritation or redness occurs • unwanted facial hair growth occurs • you do not see hair regrowth in 4 months

#### May be harmful if used when pregnant or breast-feeding.

#### Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

### What are the most common side effects with Just For Men® 5% Minoxidil Topical Solution?

The most common side effects are itching and skin irritation of the treated area of the scalp. If scalp irritation continues, stop use and see a doctor. Just For Men® 5% Minoxidil Topical Solution contains alcohol, which will cause burning or irritation of the eyes. If Just For Men® 5% Minoxidil Topical Solution accidentally gets into eyes, rinse with large amounts of cool tap water.

### Can Just For Men® 5% Minoxidil Topical Solution produce unwanted hair growth?

Unwanted hair growth on the face and other parts of the body has been reported in women. But it is rare and reversible. If you develop unwanted hair, stop using Just For Men® 5% Minoxidil Topical Solution. Over time, the unwanted hair, if caused by Just For Men® 5% Minoxidil Topical Solution, will go away. You can take the following steps to decrease the chances of unwanted hair growth:

1. limit the application of Just For Men® 5% Minoxidil Topical Solution only to the scalp;
2. if you use your hands to apply Just For Men® 5% Minoxidil Topical Solution, wash your hands well immediately afterwards; and
3. after your nighttime application of Just For Men® 5% Minoxidil Topical Solution, allow enough drying time before going to bed (usually 2 to 4 hours).

### Can I use Just For Men® 5% Minoxidil Topical Solution for baldness or hair loss in babies or children?

No. Just For Men® 5% Minoxidil Topical Solution must not be used to treat baldness or hair loss in babies and children.

If you have any other questions, ask your health care professional or call Combe Incorporated at 1-888-733-6330. You can also contact us via email at [support@combe.com](mailto:support@combe.com) or on our website at [justformen.com/hairgrowth](http://justformen.com/hairgrowth).